

# City of Homer Community Recreation ACTIVITY & RECREATION GUIDE

# Fall-Winter **2015-16**

Drop-In Activities
Instructional Classes
Film Festival
AK Parks & Rec Conference
New Offerings

City of Homer Community Recreation 600 E. Fairview Ave Homer, AK 99603

**Other Programs** 

Phone: 907-235-6090

Email: millg@ci.homer.ak.us









www.cityofhomer-ak.gov/recreation~Like us at www.facebook/cityofhomerparksrecreation

# Welcome!

# **Community Recreation Mission Statement**

The City of Homer Community Recreation will promote community involvement and lifelong learning through educational and recreational opportunities for people of all ages. This will be accomplished through maximizing usage of all community facilities and resources. While utilizing, expanding and uniting local business and school resources and expertise. Our program shall be designed to recognize cultural diversity and to address social and community concerns.

#### Thank You Homer Schools/Kenai Peninsula Borough School District

Most of our activities are made possible because of cooperative use of School District facilities. We extend our appreciation to the District, School Board members, school staff and administrative staff for their support of the Homer Community Recreation Division.

#### We Want You!

Volunteers or works as a contracted instructor! We strive to continually develop new and affordable programs for our community. If you have any special skills to share, or ideas for programs you would like to see offered, please give us a call.

# Parks, Playgrounds & Pavilions

The City of Homer provides many parks, playgrounds and pavilions for your outdoor recreational endeavors. Check out Hornaday Park, Bishop's Beach and Bayview Park to name a few.

#### **Contact Us**

Recreation office is located in the Homer High School building: 600 E. Fairview Ave Homer, AK 99603 millg@ci.homer.ak.us 907.235.6090

#### **Office Hours (varies)**

12:00 p.m. –8:00 p.m. (Monday-Thursday) 9:00 a.m. - 5:00 p.m. (Friday)

#### **Advertising**

Consider advertising your business, program or organization in our next guide. The publication of this activity & recreation guide is supported in part by the paid advertising that appears in it. The City of Homer does not evaluate or endorse the vendors, or the goods or services, that appear in this advertising.

#### **Code of Conduct**

Proper behavior by all participants is expected at all times. Participants shall be respectful to peers, staff, equipment, supplies and facilities. Community Recreation reserves the right to terminate participation toward individuals who cannot exhibit proper behavior.

## Unsupervised Children

Please do not bring children to adult classes/activities. It can be a distraction to others and creates a liability for the recreation program.

#### **Refund Policy**

Community Recreation will not refund, credit or prorate any classes/activities unless it is cancelled. The manager will determine a refund based on unusual circumstances on a case by case basis.

#### Registration

Registration is ongoing for most of our programs, but there are some that require pre-registration. Be sure to contact instructor in advance if there is a pre-registration required! Registration for drop in activities is on site.

#### **Disclaimer**

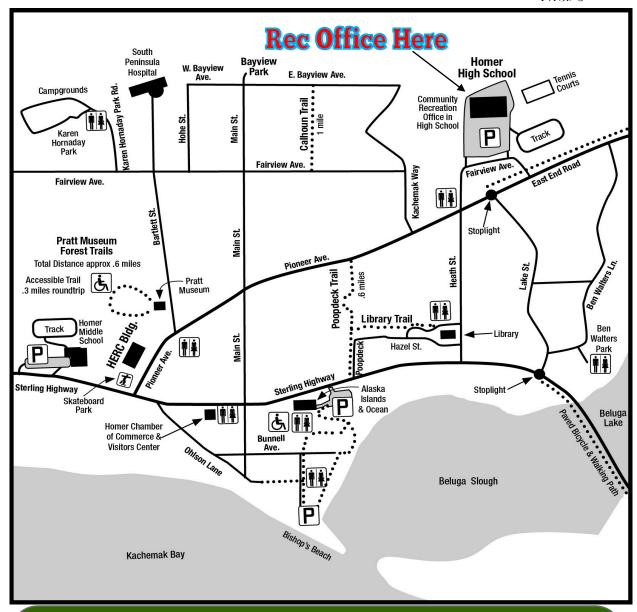
Many, if not all, of the Community Recreation classes are held in the local schools. The school may require any of our classes or activities to be cancelled with limited notice. Classes may or may not be rescheduled pending time and space availability.

#### Volunteer

If your are interested in teaching a class or helping out with the program, please contact us today at 235-6090. Thanks for your support and participation!

Healthy isn't a goal. It's a way of living.

www.cityofhomer-ak.gov/recreation LIKE us at www.facebook/cityofhomerparksrecreation



Special Events/Preschool	Pages 8-9
Youth & Teen	Pages 9-11
Arts	Pages 11-12
Language	Pages 12-14
Recreation	.Pages 13-15
Dance	.Pages 16-17
Leagues	Pages 17-18
Safety	.Pages 18-19

# Welcome Alaska Parks & Rec Professionals to Homer!

# Alaska

## Homer, AK

# Recreation and Park Association 2015 Annual Conference at a Glance

Preconference Events	Conference Events		Post Conference Events	
Wednesday, Oct. 7	Thursday, Oct 8	Friday, Oct 9	Saturday, Oct 10	
Parent & Tot Swim Lesson Instructor Course 11:00 am—1:00 pm	Keynote Speaker: 9:30 am Educational Sessions: 10:45—11:45 am Including: The Balloon Animal: The Most Stressed Animal in the World and Foundations for Teaching Like A Pro!	Educational Sessions: 9:30—11:45 am Including: The Users-Eye View: Techniques Towards Effective Facility Design and Swim 101	Certified Pool Operator Class (Cont. on Sunday) 8:00 am—5:00 pm daily ARPA Fun Run 9:00 am	
"Rainbow Tours" Sight	Conversations with Christine 11:45 a.m.	Sectional Luncheon 11:45 a.m.	Accessibility in School	
Seeing Cruise 1:45 pm  ARPA Board Meeting 4:00—5:30 pm	Educational Sessions: 1:30—4:30 pm Including: Marijuana Marijuana Everywhere and Speed Session: What's happening in recreation across Alaska	Educational Sessions: 1:30—4:30 pm Including: Playground Design: Getting it Right the First Time and Sectional Roundtables	Sports 9:00 am—12:00 pm "Did You Know?" Training 10:00 am—3:00 pm	
Conference Opening: 2nd Star Social 6:00 pm	All Conference Social Event Location: Alice's Place 6:00—9:00 pm	Conference Closing: Annual Meeting and Awards Banquet 7:00—10:00 pm		

For a complete list of conference events and education sessions please visit: http://www.alaskarpa.org/annual-conference/



**Key Note Speaker**Christine Byl author of the highly acclaimed

the highly acclaimed "Dirt Work:" a lively and lyrical account of one woman's unlikely apprenticeship on a National Park trail crew

and what she discovers about nature, gender, and the value of hard work. Christine is a gifted writer and public speaker with a passion for growth of character that comes from the time spent developing trails in challenging environments. With a spirit of drive and interpretation, she is an ideal spokeswoman for an industry that want to "Be the Difference." Visit her website at www.christinebyl.com for links to many of her online articles and interviews, than join us October 8-9 in Homer, Alaska for a great conference!

#### Vendor EXPO!

Thursday, 9:00 am—5:00 pm Friday, 8:00 am—2:00 pm A big THANK YOU to all of the vendors who help make the annual ARPA conference possible!



Certified Pool & Spa Operator Class



Two-Hour Rainbow Tours Sight Seeing Cruise

Pre-Conference Session: Wednesday, 2:00 pm the ARPA Aquatics section will be presenting the Swim Professor himself, Mr. Jim Reiser. Jim will be teaching a Parent & Tot Swim Lesson Instructor Course. Jim will also be presenting two educational session during the conference: Swim Lessons 101 and Teaching Like a Pro.



Post-Conference Session: ARPA is please to offer its members access to the "Did You Know?" program. This program is designed increase parks and rec advocacy in your community. A special training session will be offered on Saturday to help you learn how to make the most of this exciting new program.

#### Registration:

**ARPA** 

Fun Run

 Early Registration (by 8/31)

 ARPA Member
 \$200.00

 Non-Member
 \$250.00

 Student
 \$75.00

 Registration after 8/31

 ARPA Member
 \$300.00

 Non-Member
 \$375.00

 Student
 \$75.00

Daily Registration:

ARPA Member **\$150.00** Non-Member **\$175.00** 

Pre/Post Conference Events
2 Hour Rainbow Tours Sight
Seeing Cruise \$40.00
ARPA Fun Run \$15.00
Certified Pool Operator
Class \$450.00





Accommodations: Conference accommodations are available at the beautiful Land's End Resort located at the end of the Homer spit. A select number of rooms are available at a discounted conference rate. When inquiring about this rate please use discount code: ARPA.

# HOMER SHARES THE ROAD

#### When Driving



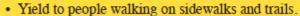
- Always watch for people walking and biking.
- · Yield to people in a crosswalk.
- · Look both ways when crossing bike lanes and sidewalks.
- Know that bicycles are legally allowed on the road.
- Pass bikes with at least three feet clearance.
- Be attentive minimize phone use.
- · Slow down. Watch for children.
- · Drive courteously. Make eye contact.

#### When Walking or Running



- Use sidewalks and crosswalks where available.
- Walk against traffic where space allows.
- Obey traffic lights and walk signals.
- Wear bright clothing and lights or reflectors at night.
- Clearly signal to use a crosswalk.
- · Walk safely and defensively. Make eye contact.

#### When Biking



- · Use hand signals for lane changes and turns.
- · Stop at stop signs and traffic lights.
- Use lights at night.
- · Ride on the right with the flow of traffic.
- · Use the road shoulder when safe and maintained.
- You may 'take the lane' to avoid hazards.
- Be visible. Wear bright reflective clothing.
- Be decisive and predictable. Make eye contact.







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www.homercyclingclub.com



#### **REGISTER NOW!**

HTTP://UAONLINE.ALASKA.EDU

REGISTER NOW.....PAY LATER!

#### Classes include:

Welding • Medical Terminology
Creative Digital Camera • Marine Biology
Ceramics • Grant Writing • Icthyology
Painting • Marketing Practices
Marine Invertebrates • Poetry Workshop
CNA • Scientific Illustration • Flash Fiction
Hatha Yoga • Kundalini Yoga • Tai Chi
Art Appreciation • Process Technology
History of Alaska • Mushrooms of KBay
Global Climate Change

See our full schedule at www.kpc.alaska.edu

To register stop by Pioneer Hall or go online 235-7743

# Recreate Learn Play!

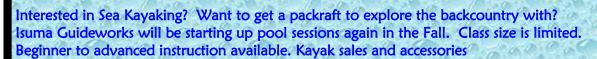


Community Recreation Program



#### Isuma Guideworks

Adventures and Instruction Since 1988
Pool Sessions: Kayak Classes
Packraft Instruction



Our paddling basics class will get you started. Learn the skills necessary to paddle safely and efficiently in Alaska's waters.

- Paddling Basics
- Advanced Bracing and Rolling
- Introduction to Whitewater
- Surf Instruction

Schedule and information at isumaguideworks.net/kayak-classes/
Randy Keller 399-5800

# Learn to Skate & Play Hockey

Micro Bells

Ages 4 & Up

**Every Sunday** 

Afternoon



# The rink is a COOL place to be!

#### **Hockey Divisions**

Mites 7-8 years

Squirts 9-10 years

Pee Wees 11-12 years

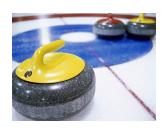
Bantams 13-14 years

Girls...Women...Men...Co-ed

Online Registration begins
Tuesday, September 1st











#### **Programs at the Rink!**

- Curling
- Broomball
- Polar Cubs-Tot Skate
- weSkate-Figure Skating
- Youth Icebreakers Hockey
- Adult Hockey 101
- Birthday Party Rental
- Public Skating



Program Descriptions, enrollment & rink schedule at

www.kevinbellarena.org

Rink: 235-2657

Hotline: 235-8423

## **Questions?** Email:

info.kevinbellarena@gmail.com

Kevin Bell Arena & HHA memberships available!

#### **Special Events**

# Telluride Mountainfilm Festival

We are celebrating our 14th year of Mountainfilm in Homer! Mountainfilm of Telluride combines adventure, mountaineering, unique personalities, and important environmental and social messages. The films tell us something about the world we live in and one we'd like to live in. Mountainfilm is about ideas. It is about cultures and the landscapes they occupy. It is about environmental integrity and about a rich spirit of celebration. At a minimum, the films and ideas featured result in changes in thought and new insights. They result in changes in values and social policy.

There will be two shows each with different films and content with separate tickets for each night. Please purchase tickets in advance at the Homer Bookstore 235-7496 or at the Recreation office. Film descriptions and listings will be available on our website. Come early on Thursday, January 14th for a ski and winter gear swap starting at 5:30p.m.!

**WHEN**: Show #1 Thursday, January 14th

Show #2 Saturday, January 16th

7p.m. starting time

**WHERE**: Mariner Theatre

**FEE**: \$10 per person, per show Tickets also available at the Homer Bookstore, 235-7496.

# Annual Ski & Winter Gear Swap Two Events!

Barter, trade, sell, or give away your winterfun equipment-skis, snowboards, boots, clothing etc. **Donations accepted for event to benefit local youth ski** 

**programs.** HHS ski team will be waxing skis as a fundraiser. Please clean up and take all items with you. <u>PLEASE: No early birds or private business sales.</u>

WHEN: Swap # 1-Wednesday, November 11th,

5:30 p.m.

<u>Swap #2</u>-Thursday, January 14th, 5:30 p.m.

(coinciding with Mt. Film Show #1) **WHERE:** Homer High Commons

**FEE:** Free!

# WHIFF NF! Wiffle Ball Tournament

Homer Community Rec is teaming up with the Children's Tumor Foundation to host the **3rd Annual "Whiff NF" Whiffle Ball Tournament fundraiser.** Minimum of 5 players and a max of 7 players for each team. For participants ages 9 and up. See if your team can earn the coveted wiffleball trophy and worthy bragging rights for being Homer's Wiffle Ball Champions!

WHEN: Saturday, January 9th, starting at

10a.m.

**WHERE:** Homer High

**FEE:** \$10/person or \$50/team





#### **Dodge Ball Tournament**

Yessiree...Dodgeball! This old school, classic game comes to the Homer community in the form of a one day tournament. Minimum of 5 players and a max of 7 players for each team. For participants ages 10 and up. If you don't have a team you can join one. Rules will be posted, but the game is all about having fun! Great family event!

WHEN: Saturday, November 21st, 12p.m.

WHERE: Homer High School

**FEE:** \$5 per player

#### **Preschool**

Children s Playgroup

Parents and children 0-5 years old are welcome to run, romp, and play. Just sign up at the door. Note: some days may be canceled with minimal notice.

WHEN: Mondays and Fridays, 10:30 a.m. noon, Ongoing September 7 to May 13. WHERE: HERC Gym (near skateboard park) FEE: \$2/visit or Punch cards, 10 punches for

\$20, 20 punches for \$40

**Preschool Story Hour** 

Preschool Story Hour is sponsored by the Homer Public Library. Story Hour often includes a crafts project and sometimes music. No registration is necessary.

WHEN: Wednesdays, 10-11 a.m. WHERE: Homer Public Library

FEE: Free!

#### **Youth & Teen**

#### **Homer Children s Choir (New!)**

Harbor School of Music & Dance and Community Recreation team up to offer Homer's first Children's Choir. Musical Director Britny

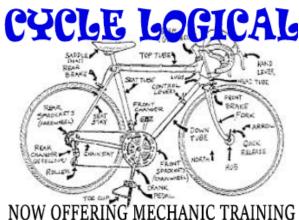
Bradshaw leads the way in instructing and cultivating the love for singing for students in grades 1 to 6 (must be able to read). There is a minimum of 10 choristers need for the program to operate. Two separate sessions offered. Register online at <a href="https://www.harborschoolofmusic.org">www.harborschoolofmusic.org</a> or call 235-6705.

**WHEN:** Session 1- Tuesdays, 6-7p.m.; September 8th to December 17th

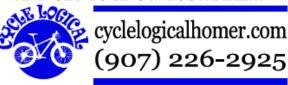
Session 2- Tuesdays, 6-7p.m.; January 5th to

April 19th

WHERE: West Homer Elementary FEE: \$30/month or \$210/both sessions. Discounts for multiple choristers from one household and the final month's tuition waived for students who participate for the entire year. Some merit and need based scholarships may be available should costs be prohibitive for anyone.



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#### 5279 KACHEMAK DRIVE - BAY C. HOMER, ALASKA 99603

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0630AM-8PM MON-FR

AN AFFORDABLE - NO FRILLS - WEIGHT LIFTING GYM & MARTIAL ARTS STUDIO!!!

MEMBERSHIPS STARTING @: \$70.00/MONTH NO ANNUAL FEES OR CONTRACTS!!!!

# DISCOUNTS FOR: MILITARY & FAMILIES • VETERANS • CIVIL SERVICE • RETIREES • STUDENTS • CORPORATE



FACEBOOK/HOMERGYM CALL US @ 907-299-7239 WWW.THEHOMERGYM.COM



#### **Bruin Youth Basketball**

Come and learn about the great sport of basketball. Practices, games, drills, fundamentals, and lots of fun! Players must have clean basketball shoes. Feel free to bring a ball if you have one. Players must have a signed Community Rec registration form to participate. Contact Chris Etzwiler 235-1560 for more information and registration. Space availability is limited.

WHEN: TBA

**WHERE:** Paul Banks Elementary /HERC

**FEE:** TBD

#### **Popeye Wrestling (Elementary)**

Come join the fun! Elementary age wrestling at West Homer Elementary School. Bring shorts, athletic or wrestling shoes. Call Coach Bradshaw for more information or questions at 299-7441

**WHEN:** Mondays & Wednesdays, 3:30-5p.m.

January 4th - February 10th

**WHERE:** West Homer Elementary Gym

**FEE:** \$25

# **Gymnastics Classes with Jeanne Parker**

Fall/ Winter: September 21st - December

10th

Winter/Spring: January 11th – May 26th

Gymnastics class fees range from \$10-\$15/ class with a discounted price when signing up for an entire session. Please call Jeanne (235-6547) for class placement and pricing.

#### Monday:

-Int./Adv. Tumbling & Vaulting: 6:00-8:00p.m. at HHS

#### Tuesday:

- -Beg. Tumbling: 4:00-5:00p.m. at HERC
- -Adv. Beg. Tumbling: 4:00-5:30p.m. at HERC
- -Int. Tumbling & Vaulting: 6:00-8:00p.m.

at HHS

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#### **Wednesday**:

-Adv. Tumbling & Vaulting: 6:00-8:00p.m. at HHS

#### **Thursday**:

-Adv. Beg./Int. Tumbling & Vaulting: 4-5:30p.m at HERC

#### Saturday:

-Tumbling & Equipment Classes at HHS:10/10, 10/17, 11/14, 11/21, 1/30, 2/6,2/27, 3/5, 3/26, 4/2; 4/16, 4/23 Kindergym: 1:00-1:50p.m.

Beg./Adv. Beg:2:00-3:20p.m. Int./Adv: 3:30-5:30p.m.

Adult Gymnastics: 6:00-7:00p.m.

Gymnastics classes; times, dates and fees: DATES, TIMES & LOCATION MAY CHANGE DUE TO ACTIVITIES AT THE HOMER HIGH SCHOOL. ANY CANCELLED CLASSES WILL BE DEDUCTED FROM THE TOTAL CLASS PRICE. PLEASE CHECK WITH JEANNE (235-6547) TO ENROLL BEFORE COMING TO ANY CLASSES.

#### Arts

# Jewelry Making: Introductory Silversmithing

In this 3-day class, Art Koeninger will instruct students in the design and fabrication of jewelry and small metal objects involving silver, bronze, copper, nickel sheet and wire, in combination with other materials. The same materials and techniques may also be used for small sculpture or utilitarian objects. For more information, call Art at 235-1014. A minimum of 6 students must register for course to be offered; maximum allowed is 10.

**WHEN:** Friday, 6-9p.m.; Saturday, 9 a.m.-5 p.m.; Sunday, 1 –6p.m. October 2nd-4th

WHERE: Homer High School Art Room FEE: \$150 per new student/\$90 for repeat students who have taken 2 or more previous classes with Art. (payable to instructor) covers supplies (saw blades, sandpaper, buffing supplies, etc.) and use of tools and



# CLASSES OFFERED:

-MINI MANDIRIGMAS (LFS-KALI FOR KIDS) MON/WED 4:00PM – 5:00PM AGES 6-14 YEARS OLD

-LFS-KALI ADULTS 5:00PM - 6:00PM (TAUGHT BY: GURO KURT LEFFLER II) AGES 15+ YEARS OLD

-T'AI CHI CHUAN/ QIGONG-MON/WED 6:00-7:00PM

-KEMPO/KARATE (ADULTS) MON/WED 7:00PM-9:00PM

TAUGHT BY: (SENSEI KEN DOMELA) AGES 15+ YEARS OLD

#### **CONTACT:**

SENSEI KEN DOMELA C(907)299-4972 GURO KURT LEFFLER II C(907)299-7239

#### EMAIL:

KACHEMAKBAY.MARTIALARTS@GMAIL.COM

#### **ASK US ABOUT:**

- WOMEN'S SELF DEFENSE TRAINING
- KRAV MAGA
- MARTIAL ARTS CONDITIONING & COACHING

WE TRAIN TO BECOME WARRIORS, NOT COMPETITORS!



/KBAYWARRIORTRAININGCENTER

equipment. Materials (metal, stones, etc.) are extra. Silver can be purchased at cost, as well as some inexpensive stones. (Average project is under \$15 for materials.)

Jewelry Making: Lost Wax Casting

Art Koeninger will lead students in the design and creation of jewelry and small metal sculpture, utilizing the lost wax method of casting with sterling silver. Students may also provide their own gold for casting. Students may bring their own tools and materials in addition to those provided. For more information, call Art at 235-1014. A minimum of 6 students is required for this course to be offered; maximum allowed is 10.

**WHEN:** Friday, 6-9p.m.; Saturday, 9 a.m.-5 p.m.; Sunday, 1 –6p.m.

October 23rd-25th

WHERE: Homer High School Art Room FEE: \$150 per new student/\$90 for repeat students who have taken 2 or more previous classes with Art. (payable to instructor) covers supplies (waxes, plaster, etc.) and use of tools and equipment. Materials (metal, stones, etc.) are extra. Silver is available at cost, and some inexpensive stones may also be purchased. (Average project cost is under \$15 for materials.)

# Jewelry Making Intermediate Silversmithing

This class taught by Art Koeninger is for students with some prior experience in small metal fabrication. Preference will be given to those who have taken Art's previous silversmithing class. The intermediate class will include a short review of techniques covered in previous classes. for more information, call Art at 235-1014. A minimum of 6 students must register for the course to be offered; maximum allowed is 10.

**WHEN:** Friday, 6-9p.m.; Saturday, 9 a.m.-5 p.m.; Sunday, 1 −6p.m. November

13th-15th

WHERE: Homer High School Art Room FEE: \$150 per new student/\$90 for repeat students who have taken 2 or more previous classes with Art. (payable to instructor) covers supplies (saw blades, sandpaper, buffing supplies, etc.) and use of tools and equipment. Materials (metal, stones, etc.) are extra. Silver can be purchased at cost, as well as some inexpensive stones. (Average project is under \$15 for materials.)

Minimum 4 Students Max 10 - Children under age 16 accompanied by a paying adult welcome and free of charge.

#### <u>Language</u>

# **Beginning Spanish for Travelers**

Instructor Hilda Caraballo teaches Spanish vocabulary, structure and basic grammar useful to survive while traveling through a Spanish-speaking country. Everyday expressions needed to communicate in simple Spanish. Note: order text book – "Spanish for Beginners" (Usborne Language Guides –Internet Linked) by Angela Wilkes - at Amazon.com. For more information and questions call Hilda at 299-0110.

**WHEN:** Mondays & Wednesdays 5:30-6:30pm, October 21 to November 23 No class 11/11

**WHERE:** Homer High School

**FEE:** \$ 120 plus \$20 Community Recreation

fee (all payable to instructor)

# **Intermediate Spanish for Travelers**

This course taught by instructor Hilda Caraballo is designed for those who have basic communication skills in Spanish and includes useful vocabulary and expressions for travelers. This is an ideal class for those who are getting ready to travel to Spanish speaking countries. Note: textbook provided by instructor "Communicating in Spanish Intermediate Level" By Conrad J. Schmitt and Protase E. Woodford. For more information and questions call Hilda at 299-0110.

**WHEN:** Mondays & Wednesdays

6:30-7:30p.m., October 21st to November 23rd

*No class 11/11* 

**WHERE:** Homer High School

**FEE:** \$ 120 plus \$20 Community Recreation fee

(all payable to instructor)

Introductory American Sign Language

This class is taught by Chelsea Carpenter. She is a Certified Sign Language Interpreter in Homer, AK. This class is designed for those who want to learn basic ASL. You will learn the alphabet & numbers and signs related to time, animals, family, introductions, Alaska life, and more! Knowing Sign Language will enable you to meet and interact with a whole new group of people. You will be able to communicate with your baby months earlier than nonsigning parents. Your hands will be doing the talking!! There will be no speaking in this class. All ages are welcome! Contact instructor Chelsea Carpenter at 805-490-6677 or chelsamay@gmail.com for information, questions and registration.

WHEN: Wednesdays, 5:30-6:30p.m. Ongoing

(contact instructor) **WHERE:** Homer High

**FEE:** \$5 each class or 10 visit punch card for \$40 payable to instructor. **Family rate** is \$10

for 3 or more family members.

#### Recreation

**Table Tennis/Ping Pong** 

Learn about the fun and exciting game of table tennis. All levels of experience are welcome. Join us for pick up games and check out the table tennis robot.

**WHEN:** Tuesdays & Wednesdays, ongoing (drop in) some cancellations.

6-8 p.m.

**WHERE:** Homer High **FEE:** \$2 each visit

#### **Fencing**

This challenging and exciting sport is offered for ages 13 to adult. Beginners are always welcome. New fencers start with foil and learn basic stance, footwork, and attack/defense strategies though drills and games. As skills and reflexes develop, fencers start competing and learn to referee. Intermediate fencers work on improving their foil skills and are introduced to epee. Fencing develops coordination, speed, reflexes, mental and emotional control, as well as complex thinking and problem solving under stress. Instructors are Ethan Ford and Scott Meyer. Participants must have a full uniform within one month after classes start to continue with the course. Some equipment is provided.

**WHEN:** Mondays and Thursdays, September-

February, 5:45-8:00p.m.

NOTE: Some nights may be canceled or re-

scheduled due to school activities. **WHERE:** Homer High School

**FEE:** \$3 per visit

#### **Pickle Ball**

This is a fun indoor activity that is a crossover sport between tennis and ping pong. The game can be played with singles or doubles. Equipment is provided, but clean Indoor sneakers required. For more information call Mike: 235-6437

WHEN: Mondays, Wednesdays & Fridays,

5-7:30pm; Sunday 11:30am-2pm

**WHERE:** HERC Gym **FEE:** \$3 per visit

#### Wiffle Ball (New!)

Come and join us for some indoor fun by playing wiffleball (think light weight plastic baseball) in the huge Homer High gym. Teams and games are pick up with an emphasis in having a good time. For mixed ages. Kids ages 10 and younger must have supervision.

**WHEN:** Mondays, starting September 14th 7:30-9p.m. Some cancellations TBD.

**WHERE:** Homer High gym

FEE: \$2/person

**Indoor Rock Climbing** 

Check out the cool sport of indoor rock climbing in a safe environment. Practice climbing techniques and the basics of safe tie-in, belay, and usable knots. Learn the importance of equipment care and use, communication, strength, and balance. Some equipment is available. Must be 6 or older to participate. For children under 14, a parent

or guardian must be present for the class. Call Fuzzy for more information at 299-2172.

**WHEN:** Ongoing Tuesdays and possibly Thursdays, 6 - 8 p.m. **Some cancellations TBA. Starts September 8th.** 

**WHERE:** Homer High School Mat Room **FEE:** Adult Punch Cards: 10 punches for \$30; 20 punches for \$60

Youth Punch Cards: 10 punches for \$20; 20 punches for \$40 Payable to Homer Community Recreation

#### **Evening Pick Up Basketball**

Games are pick-up and called by the players. Good sportsmanship is a must. Please do not bring children. For high school students and older. Multiple courts available if needed.

**WHEN:** Tuesdays and Thursdays, Ongoing 7:30-10p.m. Starting November 25th; 8-9:30p.m.

Cachemak Ski Club Homer Rope Tow

- -Watch for our Warren Miller Fundraiser and Annual Meeting after November 1st.
- -Rope tow opens Sunday December 27th, conditions permitting.
- -Hours: Sundays 11am-4pm
- -Free beginner snowboard or ski lessons
  February and March
  - -Updates on Facebook (Homer Rope Tow), on our website (*homerropetow.org*)

May be canceled or rescheduled due to high school events. Cancellations TBA.

WHERE: Homer High School Gym

**FEE:** Adult Punch Cards: 10 punches for \$30;

20 punches for \$60

Youth Punch Cards: 10 punches for \$20; 20

punches for \$40

Payable to Homer Community Recreation

**Early Bird Basketball** 

Games are pick-up and called by the players. Good sportsmanship is a must. Contact Merlin for more information: 299-0303.

**WHEN:** Mondays, Wednesdays, and Fridays, 6:15 - 7:30 a.m. Ongoing during fall & winter

as space and time is available.

WHERE: Homer Middle School Gym

FEE: Adult Punch Cards: 10 punches for \$30;

20 punches for \$60

Youth Punch Cards: 10 punches for \$20; 20

punches for \$40

Payable to Homer Community Recreation

#### **Indoor Soccer**

Join us for the fast paced, pick up game of soccer and good fun. For youth and adults from 6th grade and older. Some dates may be cancelled due to school activities.

**WHEN:** Sundays, 6-8 p.m. Wednesdays, 8:00-10p.m.

**WHERE:** Homer High School Gym

**FEE:** Adult Punch Cards: 10 punches for \$30;

20 punches for \$60

Youth Punch Cards: 10 punches for \$20; 20

punches for \$40

Payable to Homer Community Recreation

December 21-January 1.

**WHERE:** Homer Middle School Gym

**FEE:** Adult & Youth punch cards—10 punches

for \$30; 20 punches for \$60

Payable to Homer Community Recreation

**Thursday Night Volleyball** 

For the more advanced volleyball players. Games are fast-paced and advanced skills are needed to play. (Beginner level volleyball is offered on Tuesday nights.) Good sportsmanship is expected.

**WHEN:** Thursdays, 7:30 - 9:30p.m.

Ongoing.

NOTE: Closed during Winter Break:

December 21-January 1, and parent/teacher

conferences on 10/29 & 2/4.

**WHERE:** Homer Middle School Gym

**FEE:** Adult & Youth punch cards—10 punches

for \$30; 20 punches for \$60

Payable to Homer Community Recreation

**Sunday Night Volleyball** 

For all volleyball players. Learn elements of the game such as positions on the court and basic skills including set, bump, and spike. Good sportsmanship is expected.

**WHEN:** Sundays, 3:30 - 6p.m. Ongoing. **WHERE:** Homer High School Gym

**FEE:** Adult & Youth punch cards—10 punches

for \$30; 20 punches for \$60

Payable to Homer Community Recreation

**Tuesday Night Volleyball** 

For the beginner volleyball player. Learn elements of the game such as positions on the court and basic skills including set, bump, and spike. Good sportsmanship is expected.

WHEN: Tuesdays, 7:30 - 9:30 p.m. Ongoing.

*NOTE: Closed during Winter Break:* 





#### <u>Dance</u>

#### **Belly Dance II**

This level 2 class will support and facilitate the developing dancer. Thorough warm up with emphasis on strength building and flexibility. This semester we will be developing moves for floor work as well as continuing with zills. The focus during this cycle of classes will be on new choreography with time also for reviews of dances. For more information call Rowan Mulvey299-8377.

W**HEN:** Fall: Thursdays 6:30 - 8:30p.m., September 3rd - November 12th Winter: Thursdays ,6:30 - 8:30p.m., January 7th - February 25th

**WHERÉ:** HHS Green Room **FEE:** \$85 payable to instructor.

#### **Contra & Square Dancing**

Community Recreation offers square and contra dance with live music at West Homer Elementary School. Please bring clean, soft-soled shoes to dance in. Beginners are welcome. \$7 admission; kids 16 and under get in free. Call Mary at 235-3725 for information and upcoming dance dates. If you are willing to be a door-sitter for a short shift and get in free, please e-mail PeggyEllen at peggy.ellen.k@gmail.com

**WHEN:** TBD call 235-3725

**WHERE:** West Homer Elementary **FEE:** \$7/person, 16 under free

#### **Learn to Contra Dance**

David Stutzer is teaching the basics of dancing and will show you the contra dance figures. The class will practice to recorded music. This is a class for beginners and dancer who want to polish their moves. Bring clean soled shoes and please me on time. Sign up and pay at the class. For more information and

questions, contact David at 299-0103.

**WHEN:** Tuesdays, 7:30-9p.m; September

15th - December 17th

**WHERE:** HERC Gymnasium (skateboard park

building)

**FEE:** \$3 per person/visit

#### **Health and Fitness**

#### **Weight Room**

Save money and sign up with Community Recreation to use a great collection of weight machines and free weights. Full-session passes are available. Check it out and get back into shape. Participants must dress appropriately and wear clean indoor sneakers.

**WHEN:** Monday through Thursday, 6 - 8 p.m. Ongoing. NOTE: Weight room closed on random evenings due to high school activities and maintenance.

**WHERE:** Homer High School

**FEE:** Adult Punch Cards: 10 punches for \$30;

20 punches for \$60

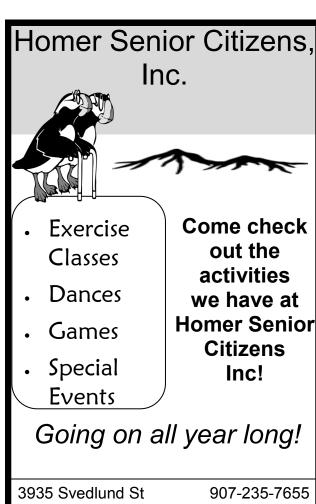
Youth Punch Cards: 10 punches for \$20; 20

punches for \$40

#### <u>Leagues</u>

#### **Recreational Basketball League**

Competitive recreational basketball league starting in the fall and playing into the winter months. This is an adult basketball league for participants out of high school.



Homer, AK 99603

Call to join a team, work as a referee or table worker or just show up and cheer on the teams. We will have a meeting in the fall to discuss the schedule, participant and sponsor fees. Call 235-6090 for more information.

**WHEN:** Mondays, 6p.m., 7:15p.m. & 8:30p.m. game times, dates TBD .Pre-season early October, regular season mid-October and regular season finishes with a weekend tournament in March.

**WHERE:** Homer Middle School

FEE: TBD

**Co-Ed Volleyball League** 

Join this fun, friendly and competitive activity for both gals and guys! The league will start with some pre-season games in early November, regular games starting Mid-November, regular season finishes in March with a one day tournament. For ages 16 and up. Games may be cancelled or rescheduled due to school district activities. Call Jessica to join a team, make a team or for more

information at 299-2849

WHEN: Wednesdays evenings Times/Dates

TBD

WHERE: Homer Middle School

FEE: \$45 per player

#### <u>Safety</u>

**Hunter Safety Class** 

The State of Alaska requires that all hunters born after January 1, 1986, take this class to obtain a hunting license. A great class to take as a refresher or to take together as a family. This class is for ages 10 and up. You must sign up prior to October 2 to complete the take home material before the class. Must attend both classes; first day instruction, second day at the shooting range. This class is taught by the State of Alaska Department of Fish & Game. Please contact Fish & Game for more information and to purchase the course material at 235-8191.

Do not call Community Rec to register.

**WHEN:** Friday, October 2nd, 5:30-9:30 p.m. and Saturday, October 3rd, 10a.m. - 4 p.m.

**WHERE:** Homer High School on Friday; Satur-

day to be announced on Friday

FEE: \$10, payable to Alaska Fish & Game, \$5

payable to CR the day of the class



- ALBERT EINSTEIN



See kachemakswim.org or call 299-3523 for schedules, registration and more.



#### Community Emergency Response Team (CERT) Course (New!)

The **Homer Volunteer Fire Department** offers a Community Emergency Response Team (CERT) course this fall. Classes will be held from 6 PM until 10 PM each evening (Monday – Friday) starting on September 28th through October 2nd, and from 9a.m. until about 3p.m. for the final exam and disaster drill. This is open to everyone that if physically able to participate in the hands -on sessions, and at least 18 years old. Possible younger participants allowed with parental permission. Classes will be held at the South Peninsula Hospital Training Center on Pioneer Ave. The disaster exercise may be held at the HERC building (to simulate a collapsed building).

CERT training is designed to acquaint the

public with the basic skills and knowledge to be better prepared in an emergency or disaster and to be able to aid their families, neighbors, and co-workers following a disaster. Topics that will be covered include: Disaster Preparedness; Fire Safety and Utility Controls; Disaster Medical Operations; Light Search and Rescue Operations; CERT Organization; Disaster Psychology; Terrorism & CERT. The course concludes with a disaster simulation where the students will put all of their training to practice.

The deadline to register will be September 23<sup>rd.</sup> Contact HVFD to register at 235-3155.

Space is limited to 20 students. There is no

cost for the course but pre-registration is required and all sessions must be attended to complete the course. The course requires hands-on activities but is not physically demanding. Student workbooks will be provided and should be reviewed prior to the start of class. **Note: this is not a Community Recreation class.** 

**WHEN:** Monday-Friday, 6-10p.m. September 28th-October 2nd & Saturday, October 3rd, 9a.m.-3p.m.

**WHERE:** South Peninsula Hospital Training

Center **FEE:** Free

# Slow progress is better than no progress.

## **HOMER SHOTOKAN KARATE CLUB**

### CLASSES MEET ON TUESDAYS & THURSDAYS

5279 Kachemak Drive (Across from Mansion) Phone: 907-299-8132 email: smokybay@gmail.com

#### **MEMBER—ISKF ALASKA**

- Family Friendly
- Benefits ADHD students
- Teaches perseverance and self-discipline
- Teaches respect for self and others

**BEGINNERS WELCOME ANYTIME** 

# HOMER COUNCIL ON THE ARTS

### Fall 2015 Programs

- Classes for children and teens after school
- Creative Communities for adults in the evening
- Gallery exhibits and performances

Visit us at HomerArt.org!

# Great performances coming to the Mariner Theatre!



# PINK MARTINI with singer Storm Large Monday, Sept 14

Featuring a dozen musicians, this fabulous orchestra performs its multilingual repertoire around the world.



#### LETTERS ALOUD Tuesday, Nov 10

Private letters, written by famous (and infamous) people, read aloud to the audience.



Homer Council on the Arts is a 501(c)(3) non-profit organization supported in part by the City of Homer, The Homer Foundation, Rasmuson Foundation, Alaska State Council on the Arts, and the National Endowment for the Arts.

#### **ADDITIONAL ACTIVITIES:**

- AK ISLANDS & OCEAN VISITOR CENTER
- CENTER FOR AK COASTAL STUDIES
- HOMER LITTLE LEAGUE
- T.R.A.I.L.S.
- KATE KUHNS AQUATIC CENTER
- HOMER SOCCER ASSOCIATION
- YOUTH THEATRE
- KACHEMAK BAY RUNNING CLUB
- KACHEMAK BAY STATE PARKS
- KACHEMAK NORDIC SKI
- KEVIN BELL ICE FACILITY
- HOMER COUNCIL ON THE ARTS
- HOWL
- OHLSON MT. ROPE TOW
- KACHEMAK BAY COLLEGE
- BUNNELL STREET ARTS

www.islandsandocean.org

www.akcoastalstudies.org

www.homerlittleleague.org

www.peninsulailc.org/trails.htm

www.homerpool.org

www.homersoccer.com

www.pieronetheatre.org

www.kachemakbayrunningclub.org

www.dnr.state.ak.us/parks/units/kbay/kbay.htm

www.kachemaknordicskiclub.org

www.kevinbellarena.org

www.homerart.org

www.howlalaska.org

www.homerropetow.org

www.homer.alaska.edu

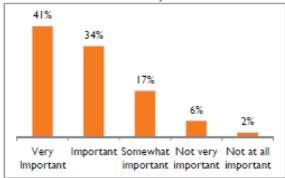
www.bunnellarts.org

## From the PARC survey:

#### THE VALUE OF RECREATION AND CULTURE

Results from both an online (non-statistically valid) survey and a telephone (statistically-valid) survey indicate that recreation and culture activities are important to Homer community members. Seventy five percent of online community survey respondents (self-selected) said arts and recreation activities were important or very important to them and their immediate family. Just over 59 percent of statistically-valid telephone survey respondents indicated that recreation and culture activities are important or very important to them and their immediate family and friends.

Figure 6: Importance of arts and recreation activities to immediate family and friends?



Source: 2014 Recreation and Culture Needs Assessment Community Online Survey.

Figure 7: Importance of Recreation and Culture Activities

How important are the availability of recreation and culture activities to you and your immediate family and friends?

Response	Percent	Number
Very important	43.6%	113
Important	15.7%	41
Somewhat important	24.3%	63
Not very important	7.1%	18
Not at all important	8.7%	23
Not sure.	0.6%	2

<sup>&</sup>lt;sup>3</sup> The online survey asked residents to rate the importance of arts and recreation separately. To compare results with the statistically valid survey, respondent answers to the importance of art and recreation were combined to create an index representing the combined importance of recreation and arts.

# Did you know...

You can <u>work</u> as a part time contracted instructor for Community Rec? Cash in on your hobby, skill or expertise!

You can <u>advertise</u> your business, program or organization in our activity guides? Maximize your outreach with us.

There is a City of Homer Parks & Recreation <u>Facebook</u> page? Like us today at: www.facebook.com/cityofhomerparksrecreation

We are <u>hosting</u> the 40th Annual Alaska Recreation & Parks Association Conference in Homer? October 7th-10th at Land s End.

We are always seeking <u>volunteers</u>? We currently have individual 60 volunteers that are essential to delivering our programs.

The Community Recreation office is <u>located</u> in the commons of Homer High School?

The term RECREATION comes from the Latin words <u>recreatio</u> "recovery from illness," and <u>recreare</u> "to refresh, restore, make anew, revive, invigorate".

Now you know.

www.cityofhomer-ak.gov/recreation LIKE us at www.facebook/cityofhomerparksrecreation

#### City of Homer Community Recreation

#### Registration Form

Name:	FallWinterSpringSummer
Address:	Home Phone:
	Work Phone:
E-Mail:	
Participant's Name	Class Title Fee
Recreation Program?	nd donate \$2, \$5 or \$10 to the Community  Sonation Amount Here
	Total Amount Paid
	Payment for all classes MUST accompany registration form. Make checks/money orders payable as noted in class descriptions under "Fees." For more information, call Community Recreation at
RELEASE OF LIABILI	ITY AND CONSENT TO EMERGENCY TREATMENT OF MINOR
physical activities that could result in personal injury or property dar parent or legal guardian, agrees to assume full responsibility for any Program, KPBSD, and employees, agents, and volunteers harmless fron account of or in any way growing out of any and all known and un participant is a minor child, the undersigned parent or legal guardian	a participant in the City of Homer Community Recreation Program, recognizes that some of the classes might involve mage. Knowing that there is a risk of personal injury or property damage, the undersigned, as participant and/or and all reasonable risk to the participant and will release, waive, and hold the City of Homer Community Recreation many and all actions, causes of action, claims, demands, damages, costs, losses, expenses, and compensation on known personal injuries and property damage that might arise from the participant's involvement in the classes. If the nonsents to the said minor child participating in classes and authorizes the City of Homer Community Recreation to or the minor child, if reasonable attempts to notify the parent or legal guardian are unsuccessful.
Participant Signature	
As parent or guardian of:	
Parent's Signature	Date
	Check #







The City of Homer Community Recreation Program is a proud member of the National Recreation and Parks Association and the Alaska Recreation and Parks Association.





**Community Recreation Program** 

Phone: 235-6090 Fax: 235-8933

E-mail: millg@ci.homer.ak.us www.cityofhomer-ak.gov/recreation